

Pinhole Procedure

Hygiene Care 6 Weeks After Pinhole

(ON SURGICAL SITE)

1. Brush surgical site using soft toothbrush. PHB brand toothbrush is one option.
2. Use roll technique when brushing surgical site (from vestibule down). Ten strokes for each area, at least.
3. Waterpik use lowest mode. Direct the waterpik from the lingual (the tongue side of your teeth), not from the facial side.
4. DO NOT use an electric toothbrush for 6 months.
5. After 6 months, electric toothbrush can be used but only held by the fingertips, never in the palm of your hand.
6. Floss if necessary, but only through the contact point. DO NOT touch the gums with the floss.
7. If you see a different doctor for regular cleanings, remind your hygienist or doctor not to measure the pockets or clean under the gums for 6 months. No crowns or veneers should be done on those teeth before 6 months.